



Learning Outcomes

The Student will have learned the following at the completion of Level One

1. Define pain.
2. Distinguish between chronic and acute pain.
3. Summarize the entire cycle of pain messaging.
4. Classify the nonphysical aspects of pain.
5. Explain the secondary gains of chronic pain.
6. Show how a patient might use a secondary gain of chronic pain.
7. Describe pain using language.
8. Explain and distinguish the five dimensions of pain.
9. Develop a client interview process to summarize a client's pain history.
10. Interpret a client's perception of chronic pain.
11. Categorize different types of pain.
12. Show the relationship between unmanaged stress and chronic pain.
13. Illustrate the relationship between depression and pain anxiety.
14. Define psychoneuroimmunology.
15. Illustrate how thought and emotion influence physical health (chronic pain).
16. Interpolate the five dimensions of pain.
17. Assess the risk factors of chronic pain in terms of the client.
18. Explain the comfort assessment.